



Skin Typing Matrix

Name: _____

Please answer the following questions by circling the number which best describes you. Your clinician will total your during the consultation.

- My ethnic origin is closest to:
- Very fair (Celtic and Scandinavian) 0
 - Fair-skinned caucasians with light hair and light eyes 1
 - Pale-skinned Caucasians with dark hair and dark eyes 2
 - Olive-skinned (Mediterranean, some Asian, some Hispanic) 3
 - Dark- skinned (Middle Eastern, Hispanic, Asians) 4

- My eye color is:
- Light blue 0
 - Blue/Green 1
 - Green/Gray/Golden 2
 - Hazel/Light brown 3
 - Brown 4

- My natural hair color at age 18 was:
- Red 0
 - Blonde 1
 - Light brown 2
 - Dark brown 3
 - Black 4

- The color of my skin that is not normally exposed to sun is:
- Pink to reddish 1
 - Very Pale 2
 - Pale with a beige tan 3
 - Medium to dark 4
 - Dark brown -black 5

If I go out into the sun for an hour or so without sunscreen and have not been out in the sun for weeks, my skin will:

- ___ Burn, blister and peel 0
- ___ Burn, then when burn resolves there is 1
- ___ little or no color change 2
- ___ Burn but then turns to a tan in a few days 3
- ___ Just tan 4
- ___ Just gets darker 5
- ___ My skin color is so dark I can't tell 6

When was the last time the area to be treated was exposed to natural sunlight, tanning booths or artificial tanning crème (sunless tanners)

- ___ Longer than one month ago 0
- ___ Within the past month 1
- ___ Within the past two weeks 2
- ___ Within the past week 3

Total Score: _____

Score	Skin Type
0-3	1
4-7	2
8-11	3
12-15	4
16-19	5
20-24	6